



# NBRC Lap Pool

**May 7 - 17**

The North Boulder Recreation Center will be open on  
Memorial Day - Monday, May 26th 1:30-6:30pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	<b>Elks</b>		<b>Elks</b>				
6:30am	6:00-7:30	<b>Lap Swim</b>	6:00-7:30	<b>Lap Swim</b>			
7:00am	*5 lanes	6:00-8:00	*5 lanes	6:00-8:00	<b>Lap Swim</b>		
7:30am					6:00-9:00		
8:00am	<b>Lap Swim</b>	<b>H<sub>2</sub>O Fitness</b>	<b>Lap Swim</b>	<b>H<sub>2</sub>O Fitness</b>		<b>BAM</b>	<b>BAM</b>
8:30am	7:30-9:00	8:00-9:00	7:30-9:00	8:00-9:00		7:00-9:00	
		*4 lanes		*4 lanes		*4 lanes	
9:00am	<b>H<sub>2</sub>O Fitness</b>		<b>H<sub>2</sub>O Fitness</b>		<b>H<sub>2</sub>O Fitness</b>	<b>Boulder Swimming</b>	
9:30am	9:00-10:00		9:00-10:00		9:00-10:00	9:00-11:00	
	*4 lanes		*4 lanes		*4 lanes	*4 lanes	
10:00am	<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Lap Swim</b>		<b>Lap Swim</b>
10:30am	<b>BAM</b>		<b>BAM</b>		<b>BAM</b>		
11:00am	10:30-11:30		10:30-11:30		10:30-11:30		
	*3 lanes		*3 lanes		*3 lanes		
11:30am	<b>Lap Swim</b>					<b>Lap Swim</b>	10:30-1:00
12:00pm		<b>BAM</b>		<b>BAM</b>			
12:30pm		12:00-1:00		12:00-1:00			
		*3 lanes		*3 lanes			
1:00pm							
1:30pm		<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Open Swim</b>	<b>Open Swim</b>
2:00pm	11:30-4:00						
2:30pm							
3:00pm							
3:30pm							
4:00pm	<b>BHS</b>	<b>BHS &amp; Elks</b>	<b>BHS</b>	<b>BHS &amp; Elks</b>	<b>Elks</b>		<b>Lap Swim</b>
4:30pm	4:00-5:30						
5:00pm	*2 lanes						
5:30pm	5:30-6:00 *6 lanes		5:30-6:00 *6 lanes				
6:00pm	<b>Lap Swim</b>	<b>Zumba &amp; Diving Board</b>		<b>Zumba &amp; Diving Board</b>	<b>Lap Swim</b>		
6:30pm	6:00-7:00	6:00-6:45		6:00-6:45			
		*2 lanes		*4 lanes			
7:00pm	<b>H<sub>2</sub>O Fit &amp; RevRun</b>	<b>Barracudas</b>	<b>Lap Swim</b>	<b>Training</b>			
7:30pm	7:00-8:00	6:45-7:45					
	*2 lanes	*4 lanes					
8:00pm	<b>Lap Swim</b>	<b>Training</b>					
8:30pm	8:00-9:00	7:45-9:00					
		*6 lanes					
9:00pm							

**\*Indicates # of lap lanes available to public for lap swimming**

**\*\*POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\*\***

For more information call 303-413-7260 or go to [www.boulderaquatics.org](http://www.boulderaquatics.org)

5/15/2014